



Cataract No.2 A.F. & A.M. established 1852

Aug 26th - Sep 8th







W.M. Joel with W.M. Matt Capelle @ Harriet Lodge, on August 19th, receiving a memento of the Aveda Clinic.

W.M. Joel gifted S.W. Bro Tyler Moe-Slepica a Guyot tie in appreciation for his efforts with the MM degree held in July at the Aveda Clinic.

































Bro. Sam Waters and his lovely wife Alyssa welcomed Baby William Lee Waters on 25th May '24

(Alyssa joined the OES in July '24)

Baby William

With Dus Rowers



As aways wonderful fellowship and delicious food

Next Lunch: Sept 13th, Hyderabad Grill, Bloomington



# CATARACT WALKING GROUP

Saturday Aug 17th, 9 am Lake Nokomis Community Center



Rain or Shine

WB KEVIN AND MARILYN WERE THERE AT NINE!

**JOIN US FOR THE NEXT WAIK**SEP 7TH, 9AM

# Cataract @ Grand Lodge Membership Event





### Birthday



Reeve J Bowling Jeffrey S Nielsen Ben Marker Sam Waters Richard O'Gara Michael Peterson O'Neal Hampton, Jr. James Williamson Hans Ronsucker **David Erickson** Marshall Johnson Dylan Jackson **Larry Billips** Richard Mathiason **David Lokensgard Ronald Conrad Clint Weathers** Cedell Jacox

August 26 August 27 August 28 <mark>Sept</mark>ember 1 September 1 September 3 September 4 September 8 September 9 September 9 September 13 September 13 September 23 September 24 September 26 September 26 September 26 September 28

# GET TO KNOW YOUR Joseph W.M. Joel Friedman

Cowabunga, dudes! (Betcha didn't expect that for an opening, huh?)



My name is Joel Friedman and I was born so long ago that Sputnik was still a Soviet engineer's dream, phones were still connected to walls and Al Gore had yet to invent the Internet. In fact, the place where I was born, Maternity Hospital in Minneapolis, no longer exists. For the past 70 years, I have never had the money or the inclination at the same time to live anywhere else but the Twin Cities, although I progressed through North Minneapolis, Cottage Grove, St Louis Park, New Hope, Uptown, South Minneapolis and for the last 31 years in Eagan.

From high school in St Louis Park ('Go Orioles'), I received degrees with honors from Goldie Gopher's U of M but before going on to Med School, I worked as an optician, book store manager, Deli clerk and baker (the label of artisanal baker had yet to be born). After a surgical residency at Hennepin County Medical Center, I was a consulting surgeon at Park Nicollet until retiring, where at various times I served as Chief of Surgery, Director of Trauma Services and Clinical Adjunct Professor of Surgery with the U of M. Despite that, what got most people's attention was the brief time I worked part time at Apple after retirement.

Both my grandfather, Manny, and my dad, Mike, were not only Masons, but Past Masters of Cataract, but they never even hinted that I should consider becoming a Mason. Instead, around the time I was facing retirement, I began to feel a need to connect with other men in something other than a work related environment and Masonry seemed the perfect fit despite not knowing anything about what went on beyond that closed Lodge door. Once my work load settled down 3 years later, I asked the then sitting Master, how I could become more active and, BAM, 10 years later here I am sitting in the East for the second time. There's a lesson there, somewhere.

Linda, my wife of 47 years and my high school sweetheart, and I are empty nesters, but our boys, Sam (Library Science) and Jon (School Principal), live in town and despite my parenting, seem to enjoy (or at least pretend they do) spending time with us. I still bake breads and love puttering around in the kitchen but my main avocation is doing whatever Linda tells me to do.

# AUG 26TH - SEP 8TH CATARACT LODGE EVENTS

Cataract No.2

# STATED METING

DATE/TIME: SEPTEMBER 10TH, 7:30PM FELLOWSHIP DINNER: 6:30PM PLACE: CATARACT LODGE NO.2



#### Cataract Walking Group

LAKE NOKOMIS COMMUNITY CENTER

2401 E MINNEHAHA PKYWY, MINNEAPOLIS

SEPTEMBER 7TH, SATURDAY, 9:00 AM ALL ARE WELCOME

# You are Invited

#### RON WAGNER'S HIRAM AWARD CELEBRATION

Join us to celebrate Ron Wagner's lifetime achievement award in recognition of his service & accomplishments in Freemasonry.



Scan the QR code above or use the link below to buy tickets. http://www.excelsior113.org/hiram

#### SATURDAY SEPTEMBER 7, 2024

COCKTAIL HOUR @ 5PM & DINNER @ 6PM RIDGES AT SANDCREEK 1775 RIDGES DR, JORDAN, MN 55352

#### Bro. Ben Marker at the Palmer's Bar invites vou to:

MAYGEN & THE BIRDWATCHER REDWING BLACKBIRD



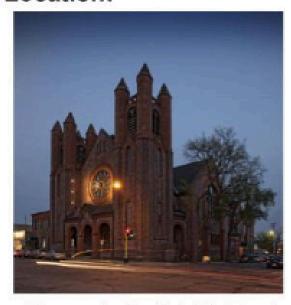
EMMY WOODS THE HILLTOP PINES ROBERT LARSON

Palmer's Bar 500 Cedar Ave S, Minneapolis, MN 55454,

#### Metro West Area

#### Schools of Instruction

#### Location:



Minneapolis Scottish Rite Temple 2011 Dupont Ave S, Minneapolis, MN 55405

#### The days agenda

First session (9 am - 12 pm)

- One room to have Stewards' instruction.
- One room to have Deacons' instruction
- One room to have WM and Wardens' instruction
- One room is needed to help with lectures.
- Brothers can read out the cipher during this session.
- Custodians will lead each room, and monitors will assist.

#### Lunch (12 pm - 1 pm)

The estimated cost of lunch will be \$20 to cover the cost of food and use of the building.

#### Second session (1 pm - 4 pm)

Conduct the entire degree (perhaps more than once if needed) with Stewards, Deacons, Wardens, and Master from the First session above.

#### Planned Dates:

#### Fall 2024

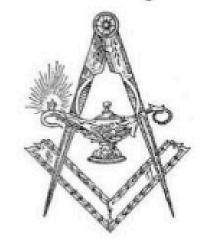
- 9/14/2024 EA Degree
- 10/12/2024 FC Degree
- 11/16/2024 MM Degree

#### Spring 2025

- 1/15/2025 4th School (Hosted by MPLS 19)
- 1/25/2025 EA Degree
- 2/15/2025 FC Degree
- 3/15/2025 MM Degree

#### Fall 2025

- 9/6/2025 EA Degree
- 10/11/2025 FC Degree
- 11/15/2025 MM Degree



#### Sign-Up Information



https://bit.ly/3Yr9Aks

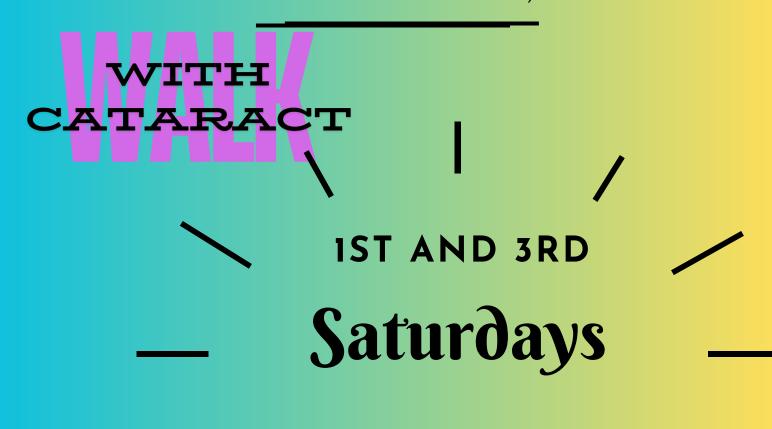
# SAVE THE DATES

Lodge Monthly Luncheon

2ND FRIDAYS EVERY MONTH



THE HYDERABAD INDIAN GRILL 2137 W 80TH 1/2 ST #1, BLOOMINGTON, MN 55431



LAKE NOKOMIS
COMMUNITY CENTER,
9AM

# SAVE THE DATES





All are Welcome!



September, 14th, 6:10pm

**SECTION 208** \$33

Chili Cook Off	October 22nd, 2024
Heritage Dinner Table Lodge	November 16th, 2024
Family Lodge Night - Eastern Star presentation	December 10th, 2024
Entered Apprentice degree night	
(subject to change)	January 28th, 2025
Sweetheart's Dinner	February 15th, 2025
Fellowcraft degree night	
(subject to change)	February 25th, 2025
Master Mason degree night	
(subject to change)	March 25th, 2025

"We do not stop exercising because we grow old – we grow old because we stop exercising."

-DR KENNETH COOPER

